



Decatur Family Psychiatry

Have a preschooler? Want tools to help handle tantrums, whining and other behaviors that make the preschool years some of the most challenging? Decatur Family Psychiatry is offering a group to help!

Survival Guides for Preschool Parents How to Manage Challenging Behavior



Goals of Group:

- Help recognize the differences between typical preschool challenges and behavior that needs more attention
- Realistic and specific tips for preventing challenging behavior in your home
- Specific tips for managing challenging behavior in your home

Parents will meet weekly for 4 weeks to learn strategies for reinforcing appropriate behavior and how to use consequences effectively.

Interested families should contact
Dr. Bianca Brooks at 404-500-4266